IBS BOLOGNA DAYS 2016

New insights for a better management of irritable bowel syndrome

Wednesday **8th** - Friday **10th June, 2016**
Royal Carlton Hotel - Bologna, Italy

ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA
DIPARTIMENTO DI SCIENZE MEDICHE E CHIRURGICHE

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www.ibsbolognadays2016.it

Dear Colleagues,

I am delighted to welcome you to IBS Bologna Days 2016.

The purpose of the meeting is to provide an interactive forum and presentation of up to date Lectures on IBS. With the Scientific Committee, chaired by Professor Vincenzo Stanghellini, we have prepared an exciting programme covering all aspects of IBS, including the newly released Rome IV criteria, clinical algorithms, epidemiology, overlap with comorbid conditions, the role of genetic factors, diet, microbiota, inflammation and infection, diagnosis and biomarkers, as well as current and future therapeutic approaches.

Our aim is to provide the current views as well as a look to the future in the rapidly advancing field of IBS. To do so, we have designed a format based on State of the Art and Keynote Lectures, given by internationally renowed experts, and on Hot of the Press papers, presented by young investigators.
We hope that the meeting will promote friendship, exchange of ideas, opinions, discussion of cases and development of research projects that would ultimately advance the field and improve the management of our patients.

I hope you will enjoy the scientific programme, the medieval flavour of the city, its ancient University (A.D. 1088), as well as the renowned Bologna dishes.

Giovanni Barbara
Congress Chair

CONGRESS CHAIR

Giovanni Barbara, *Italy*

SCIENTIFIC COMMITTEE

Vincenzo Stanghellini - Chair, *Italy*
Enrico Corazziari, *Italy*
Maura Corsetti, *UK*
Cesare Cremon, *Italy*

FACULTY

Juliet Ansell, *New Zealand*
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Douglas Drossman, *USA*
Herbert DuPont, *USA*
Paul Enck, *Germany*
Claudio Franceschi, *Italy*
Antonio Gasbarrini, *Italy*
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Kok Ann Gwee, *Singapore*
Cristina Martinez, *Spain*
Fermin Mearin, *Spain*
Roberto Penagini, *Italy*
Daria Piacentino, *Italy*
Thierry Piche, *France*
Maria Inès Pinto Sanchez, *Canada*
Giovanni Sarnelli, *Italy*
Franco Scaldaferri, *Italy*
Carmelo Scarpignato, *Italy*
Robin Spiller, *UK*
Annamaria Staiano, *Italy*
Vincenzo Stanghellini, *Italy*
Jan Tack, *Belgium*
Julien Tap, *France*
Hans Törnblom, *Sweden*
Lukas Van Oudenhove, *Belgium*
Umberto Volta, *Italy*

Opening Ceremony - Wednesday June 8th

Aula Magna Santa Lucia – University of Bologna

17.30 ***Welcome***

Giovanni Barbara and **Vincenzo Stanghellini**, *University of Bologna*
Francesco Ubertini, *Rector, University of Bologna*
Fabrizio De Ponti, *President, School of Medicine, University of Bologna*
Mario Cavalli, *General Director, St. Orsola-Malpighi Hospital, Bologna*
Marco Zoli, *Director, Dept. of Medical and Surgical Sciences, University of Bologna*
Franco Bazzoli, *Director, Dept. of Gastroenterology, University of Bologna*

18.30 ***Lecture***

Why centenarians are centenarians? And what about their offspring and family members?
Claudio Franceschi, *Emeritus Professor of Immunology, University of Bologna*

19.00 ***Choral performance***

Chorus of the Teatro Comunale di Bologna
Chorus Conductor: Andrea Faidutti
Pianist: Cristina Giardini

G. Verdi, da Nabucco, *Gli arredi festivi*
G. Puccini, da Madama Butterfly, *Coro a bocca chiusa*
G. Verdi, da Traviata, *Coro di Zingarelle e Mattadori*
G. Verdi, da Macbeth, *Patria oppressa*
G. Bizet, da Carmen, *Choeur des Cigarières*
G. Verdi, da Nabucco, *Va' pensiero sull'ali dorate*

19.30 ***Cocktail***

Programme - Thursday June 9th
Royal Carlton Hotel

08.00 **Programme Overview**
Giovanni Barbara (Italy), Vincenzo Stanghellini (Italy)

Session I - Rome IV Criteria and Clinical Scenarios
President: Douglas Drossman (USA)
Chairs: Fermin Mearin (Spain), Franco Bazzoli (Italy)

ROME IV SYMPOSIUM

08.15 **Keynote Lecture**
Rome IV Criteria: What's new
Douglas Drossman (USA)

08.45 **IBS-C and chronic constipation: Marriage or divorce?**
Enrico Corazziari (Italy)

09.15 **Rome IV diagnostic algorithms for IBS**
Jan Tack (Belgium)

09.45 **Panel discussion**
Douglas Drossman (USA), Fermin Mearin (Spain), Franco Bazzoli (Italy), Enrico Corazziari (Italy), Jan Tack (Belgium)

10.00 **IBS symptoms in IBD in remission: Is inflammation the key?**
Thierry Piche (France)

10.25 **Geographical, cultural and environmental factors**
Kok Ann Gwee (Singapore)

10.50 ***Break***

Session II - Pathophysiology
Chairs: Michael Camilleri (USA), Gabrio Bassotti (Italy)

11.20 **Psyche in IBS: All in the brain after all?**
Lukas Van Oudenhove (Belgium)

11.45 **Is IBS written in the genes?**
Mauro D'Amato (Spain)

12.10 **Sensory-motor function and IBS: What's new**
Maura Corsetti (UK)

12.35 **Gas bloating and distension: A diet, microbiota, sensory-motor interplay**
Fernando Azpiroz (Spain)

13.00 ***Lunch***

13.20 - 14.20
SATELLITE SYMPOSIUM - *Supported by Allergan*
Decoding the pain connection in IBS

Session III – Microenvironment Factors

Chairs: Vincenzo Stanghellini (Italy), Roberto Penagini (Italy)

14.30 **Gut microbiota: What the clinician should know**
Patrizia Brigidi (Italy)

14.55 **Microbiota and IBS: What is new**
Uday Ghoshal (India)

15.20 **Keynote Lecture**
Gut microbiota - brain interactions: From basic to clinical science
Stephen Collins (Canada)

15.50 **New insights on serotonin**
Robin Spiller (UK)

16.15 **Neuro-immune interactions**
Guy Boeckxstaens (Belgium)

16.40 ***Break***

Session IV – Hot Off the Press

Chairs: Guido Basilisco (Italy), Massimo Bellini (Italy)

17.10 **Link between microbiota signatures and IBS severity**
Julien Tap (France)

17.25 **Epithelial barrier dysfunction in IBS**
Cristina Martinez (Spain)

17.40 **Zonulin, permeability and IBS**
Maria Raffaella Barbaro (Italy)

17.55 ***Adjour***

Programme - Friday June 10th
Royal Carlton Hotel

Session V – Management I: Diet, Probiotics and Biomarkers
Chairs: Jan Tack (Belgium), Rosario Cuomo (Italy)

08.00 **Tandem Talk on FODMAPs**
Pros: Robin Spiller (UK)
Cons: Hans Törnblom (Sweden)

08.45 **Gluten Sensitivity: Starting to tease apart a different entity?**
Umberto Volta (Italy)

09.10 **Keynote Lecture**
Experimental and diagnostic value of novel biomarkers
Michael Camilleri (USA)

09.40 **Probiotics: Plural activities for a multifaceted pathogenesis**
Antonio Gasbarrini (Italy)

10.05 **Probiotics and child functional gut disorders**
Annamaria Staiano (Italy)

10.30 ***Break***

Session VI – Management II: Pharmacological Agents
Chairs: Robin Spiller (UK), Carmelo Scarpignato (Italy)

11.00 **Placebo, precebo and nocebo**
Paul Enck (Germany)

11.25 **Targeting pain in IBS-C: Peripheral versus central mode of action**
Maura Corsetti (UK)

11.50 **Non-absorbable antibiotics: Targeting dysbiosis and beyond**
Herbert DuPont (USA)

12.20 **Therapeutic targeting of bile acids**
Michael Camilleri (USA)

12.50 **New therapeutic perspectives**
Jan Tack (Belgium)

13.15 ***Lunch***

13.20 - 14.00
SATELLITE SYMPOSIUM - *Supported by CadiGroup*
***E. coli* Nissle 1917 (EcN) in gastrointestinal disorders**
Chairs: Vincenzo Stanghellini (Italy), Giovanni Barbara (Italy)

EcN: Clinical and experimental data
Franco Scaldaferri (Italy)

EcN: Potential application in IBS
Maria Raffaella Barbaro (Italy)

Session VII – Hot Off the Press and Pilot data from RCTs

Chairs: Giuseppe Chiarioni (Italy), Roberto De Giorgio (Italy)

14.30 **Kiwifruit in IBS-C: Rationale and evidence**
Juliet Ansell (New Zealand)

14.45 **Low FODMAP diet is better than low FODMAP gluten free diet in IBS**
Daria Piacentino (Italy)

15.00 ***B. longum* NCC: A RCT shows improvement of depression and emotional reactivity in IBS**
Maria Inès Pinto-Sanchez (Canada)

15.15 **Cannabinoids and their modulation in GI sensorimotor dysfunction**
Giovanni Sarnelli (Italy)

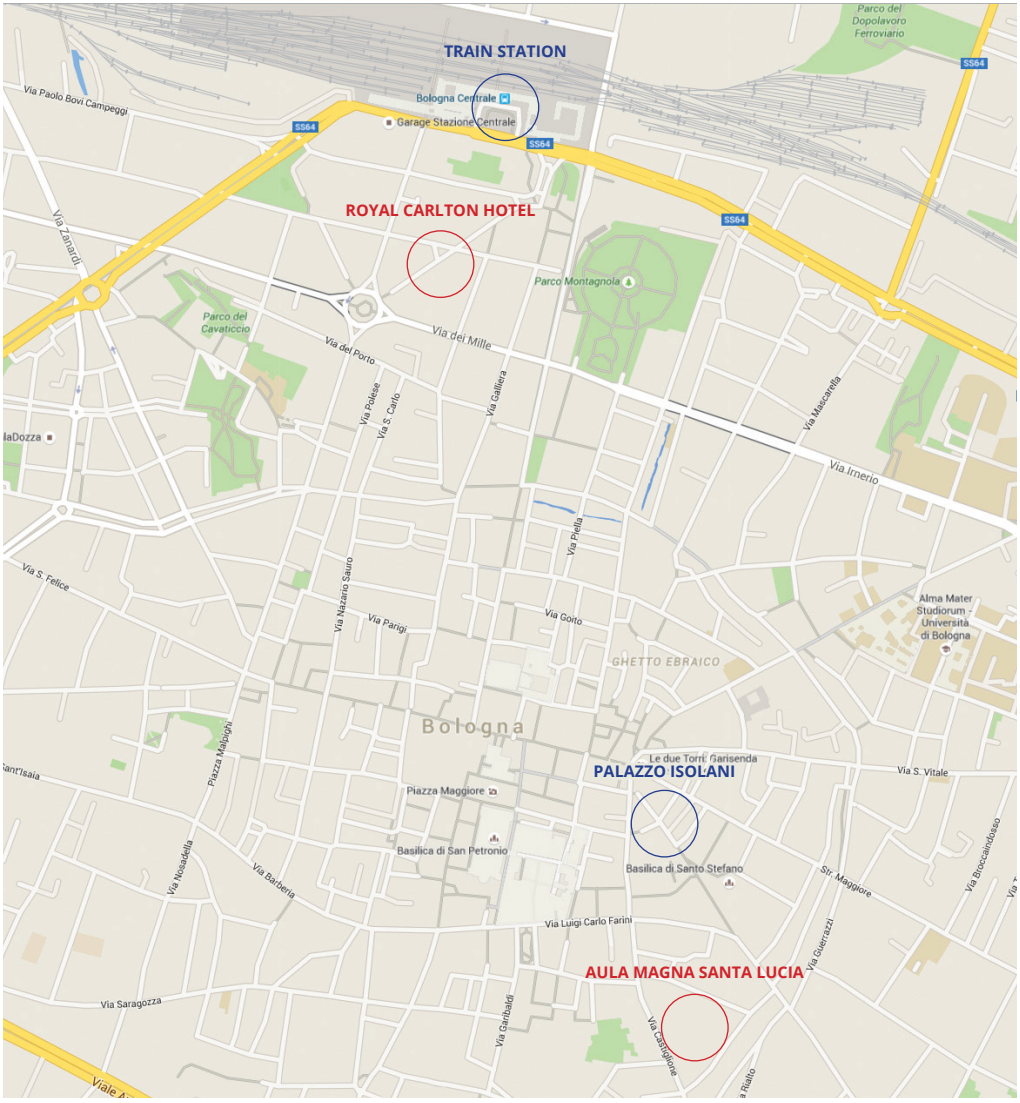
15.30 ***L. casei* DG: Preliminary data of a pilot RCT on IBS patients**
Cesare Cremon (Italy)

15.45 **Concluding remarks**
Giovanni Barbara (Italy)

CONGRESS INFORMATION
Congress Venues

June 8th 2016
Opening Ceremony
AULA MAGNA SANTA LUCIA
Via Castiglione, 36 – Bologna - Italy
Tel. +39 051 209 9071

June 9th-10th 2016
ROYAL CARLTON HOTEL
Via Montebello 8 - Bologna - Italy
Tel. + 39 051 249361
www.royalhotelcarltonbologna.com



Congress Counter and Registrations

All congress materials and documentations are available at the Congress Counter which is located at the 1st floor of Royal Carlton Hotel.

Opening Hours

The Congress Counter will be open at the following times:
Wednesday, June 8th, 2016 from 13.00 to 15.30
Thursday, June 9th, 2016 from 7.30 to 18.00
Friday, June10th, 2016 from 7.30 to 17.00

During the opening hours the Congress Secretariat can be reached at:
Mobile Phone +39 346 0394052
Contact person: Michela Gorgoglione

REGISTRATION FEES

	Early Fee until February 29th, 2016	**Late Fee** after February 29th, 2016
Regular Participant **Fellow***	366 € 196 €	488 € 305 €
Accompanying Person**	125 €	125 €

The registration fee includes: 22% VAT, admittance to scientific sessions, access to exhibition area, congress kit, lunch breaks, coffee breaks, CME/EACCME Certificate and Certificate of Attendance, Opening Ceremony and Cocktail (June 8th) and Social Dinner (June 9th).

(*) Applicants must be under 40 years of age and a certificate from the supervisor or Head of Department must be forwarded to m.gorgoglione@planning.it together with the registration.
(**) Accompanying Persons are people who accompany the participants at the conference. Accompanying persons do not follow the scientific program. The registration fee includes Opening Ceremony, Cocktail (June 8th) and Social Dinner (June 9th).

On-site Registration

On-site registration will be processed on a first-come, first serve basis. Priority will be given to pre-registered delegates. Depending on the number of on-site registered delegates, availability of congress material may be limited.

Cancellation policy

All amendments or cancellations should be submitted by email to Planning Congressi S.r.l.. The cancellation will be accepted within May 15th, 2016. Before this date the 50% of the amount will be refunded. Please note that bank administration fee will not be reimbursed. No refund will be made for cancellations made after May 16th, 2016.
ALL THE REIMBURSMENTS WILL BE DONE AFTER THE CONGRESS

Continuing Medical Education (CME)

Planning Congressi S.r.l. is a CME provider - identification code no. 38 - and has assigned to the event no. 38-158359 no. 6,5 credits for Physicians for the following disciplines:
Gastroenterology
Internal Medicine
Clinical Pharmacology and Toxicology
Paediatric (Paediatricians)
Epidemiology
Family Medicine
Clinical Pathology (Clinical Chemistry Laboratory and Microbiology).

Please be aware that for the acquisition of credits it is mandatory to have attended the 100% of the whole duration of the congress and selected at least the 75% of correct answers of the CME questionnaire.

European CME credits (ECMEC's)

The event, code no. 13808 was granted 10 European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

Name Badges

Participants are asked to wear their name badge at all times during the congress.
The colours of the name badges have the following significance:

Faculty:	orange
Participants:	blue
Accompanying persons:	pink
Exhibitors:	green
Staff:	red

Congress Language

The official language of the congress is English. Please note that the simultaneous translation from English into Italian will be provided.

Certificate of Attendance

A certificate of attendance will be handed out upon request at the Organizing Secretariat counter. The CME certificate will be sent by email by 90 days.

Abstracts

Abstracts of all lectures will be uploaded on a USB Flash Drive, kindly provided by Zespri, and will be delivered together with the congress material.

Programme Changes

The organizers cannot assume liability for any changes in the conference programme due to external or unforeseen circumstances.

Speaker Centre

The Speaker Centre is located at the 1st floor of Royal Carlton Hotel.
Speakers are kindly asked to hand an USB stick containing the Power Point presentation (IBM format or compatible, no multisession) preferably one day before their presentation, but at the latest three hours prior their presentation.
Due to time and technical reasons, we kindly ask the speakers not to use their own notebook.

Opening Hours

The Speaker Centre will be open at the following times:
Wednesday, June 8th, 2016 from 15.00 to 16.30
Thursday, June 9th, 2016 from 7.00 to 18.00
Friday, June10th, 2016 from 7.00 to 16.00

Mobile Phones

Participants are kindly requested to keep their own mobile phones turned off while attending the scientific sessions in the meeting room. Photos or video recording of the meeting is strictly prohibited.

Cloakroom

A cloakroom can be used free of charge from June 9th to June 10th, 2016. Participants can also store therein their luggage. The cloakroom is located at the 1st floor of Royal Carlton Hotel.

Lunches

Lunches will be served free of charge for all registered participants from 13.00 to 14.00 on Thursday June 9th and Friday June 10th, 2016.

Coffee breaks

Coffee and tea will be served free of charge for all registered participants during morning and afternoon breaks provided on Thursday June 9th and Friday June 10th, 2016.

Shuttle buses

Shuttle buses will be provided in order to reach the Opening Ceremony venue on June 8th and the Social Dinner venue on June 9th, 2016. Please ask at the Congress Counter the scheduled timetable.

Parking

The underground parking of Royal Carlton Hotel is available at the following rates:
€ 2.00 per hour or € 25.00 per day.

Insurance/Liability

The organizers does not accept any liability for damages and/or loss of any kind which may be incurred by the congress participants or by any person accompanying them during the congress official activities. Delegates participate in all tours/event at their own risk. Participants are therefore advised to take out insurance against loss, accident or damage that could be incurred during the congress.

Organizing Secretariat – CME Provider

WE DRIVE YOUR EDUCATION
PLANNING

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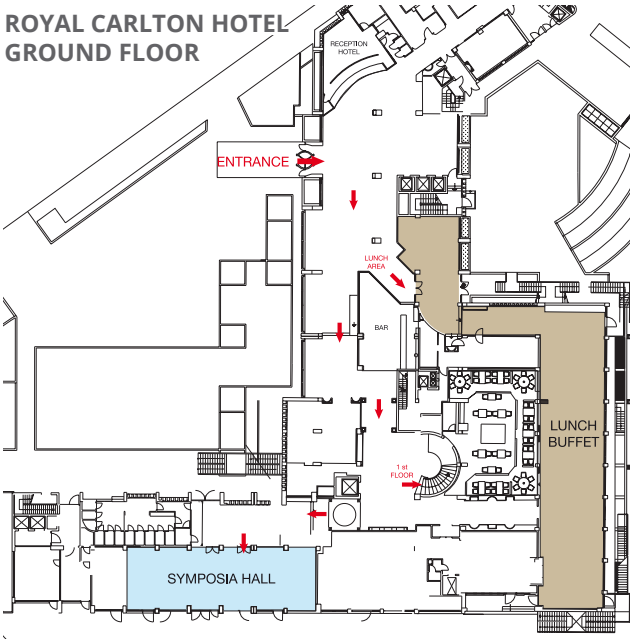

EXHIBITORS IN ALPHABETICAL ORDER

Name	Booth No.
Ag Pharma Srl	3
Alfa Wassermann	7
Allergan	11-12
Bio Actival Srl	2
Cadi Group Srl	13
ESNM	19
Interalia	16
Italchimici	14
M.G. Lorenzatto	15
Norgine	8
Pegaso Srl	10
Rome Foundation	18
Siffra Farmaceutici	1
Sofar	5
Zambon	4
Zespri	6
Yakult	9

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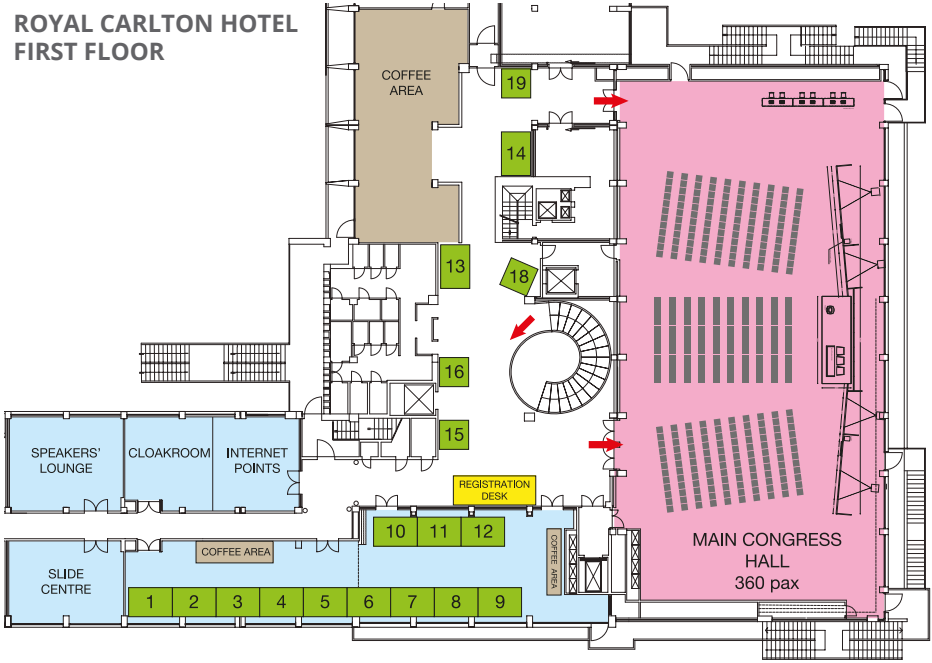

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FONDAZIONE INTERNAZIONALE MENARINI

IBS BOLOGNA DAYS 2016

New insights for a better management of irritable bowel syndrome