



**IBS
DAYS**

New insights for a better management of irritable bowel syndrome

June 15-17, 2026

Palazzo Re Enzo, Bologna, Italy



SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Ospedaliero - Universitaria di Bologna
IRCCS Istituto di Ricovero e Cura a Carattere Scientifico

POLICLINICO DI **SANT'ORSOLA**



ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA

DEPARTMENT
OF MEDICAL
AND SURGICAL SCIENCES




Associazione Italiana
Gastroenterologi &
Endoscopisti Digestivi
Ospedalieri

 **AGGEI**
Associazione Gastroenterologi
ed Endoscopisti Italiani

 **ROME**
FOUNDATION



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Italy

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TOPICS

Rome criteria

Epidemiology, cultural and environmental factors

Diagnosis and differential diagnosis

Clinical phenotypes (IBS-C, IBS-D, IBS-M, pain, bloating, distension)

Pediatric IBS

Biomarkers

Overlap with other conditions

Gut-brain axis

Stress and psychological comorbidity

Epithelial barrier and permeability

Bile acids

Microbiota

Neuro-immune interactions

Allergies and immune function

Genetic factors

Hot off the press topics

Management

Diet, FODMAPS, gluten, functional foods

Probiotics

Nutraceuticals

Non absorbable antibiotics

Neuromodulators

New therapeutic perspectives

CALL FOR ABSTRACTS

The Deadline for Submission is April 12th 2026 at 23:59 CET

IBS DAYS is a biennial international meeting on current views and a look to the future on the rapidly advancing field of IBS, please see the program online: ibsdays.com Are you interested in presenting your original research at IBS DAYS?

There are no restrictions on the number of abstracts an author may submit.

Presenting authors of accepted abstracts are obligated to register for the meeting, attend and present the abstract at IBS DAYS on the assigned date and time.

No changes to the submission or the assigned date and time will be permitted.

SAVE THE DATES

Opening: **February 23, 2026**

Closing: **April 12, 2026**

Outcome communication: **May 7th, 2026**

BENEFITS FOR ABSTRACT PRESENTERS

-  Free registration: waived to the accepted abstract presenting author
-  Travel grants: up to Euro 500 awarded to first 25 classified international abstract presenting author and up to Euro 200 awarded to first 25 classified Italian abstract presenting author
-  Best Abstract Awards: the best three oral presentations and the best three poster presentations will be awarded and the presenters will be nominated and receive a certificate at the farewell ceremony